

May 2023 Newsletter



Dear Friends,

We have had an exciting couple of months! From our re-branding, to our incredible Celebration Evening; it really has been non-stop.

Love
4Life



**Giving young people the tools
they need to build the
confidence and resilience to
make positive choices for their
health and relationships.**



Supporting girls aged 11-18

- 1-2-1 sessions
- Love4Life Groups
- RSE Workshops

<https://love4life.charity>
love4life@love4life.charity
Registered charity number: 1120694

Rebranding

As many of you may know, Love4Life was originally a branch of TwentyTwenty: established in 2007.

However, in January 2020, the decision was made to close the Life skills Centres in Leicester and Derby and invest exclusively in Love4Life.

We have now expanded our valuable programme across more areas of need in Leicestershire, Leicester and Derby and rebranded wholly as Love4Life.

Over the last few months, the team have created leaflets, business cards, emails, website content and social media handles so that we are now entirely Love4Life! We can't wait for you to see the changes; check out our website below.

<https://love4life.charity/>

Many thanks to :

- Luke at Foxprint
- Kevin at DutchLime
- Malcolm at mbx.digital.com

for all their valuable help during our re-brand.

Celebration Evening

On Wednesday 26th April, Love4Life welcomed around two hundred people to celebrate our young people's amazing achievements over the last year. Their family and friends joined, and many of our Love4Life supporters too.



As our young people and families arrived, there was a buzz of excitement in the foyer while they enjoyed pizza and other delicious treats. Our Instagram selfie frame was very popular as well as the games and sweets laid out on tables. During the evening, our inspirational young people played music, recited poetry, danced, gave speeches and came onto the stage to collect their awards. Staff were also incredible and really came together to organise and make the evening amazing for all the guests and supporters.

**Scarlett
Derby Winner**

Our Derby Winner is a huge part of the Love4Life school group that she attends weekly. She takes on all the advice she is given and utilises it to create positive opportunities and change for herself. She is a positive, honest and brave young girl who brings light to the group. This young person openly speaks out about obstacles that she faces allowing her peers to relate and open up about their own struggles.

Our three area champion winners each gave a motivating speech sharing their journey with us. They were nominated by our youth workers for showing outstanding progress across the year. Here's a snapshot of our amazing winners.

**Abigail
Leicestershire Winner**

When this young person came to her 1st 1-2-1, she was very low in confidence, and concentrated on solely her looks alone. She was involved in anti-social behaviour and had peers that had negative effects on her both within school and outside of school. This young person has stopped hanging around with the negative group, ceased any sort of anti-social behaviour and feels 'more alive.'

**Kiona
Leicester Winner**

When our Leicester winner first started at Love4Life, she was extremely doubtful of herself and had low self-esteem. Since, she has shown growth in self-belief and understands that she deserves to be happy and worthy of good things in her life. She has secured herself a part-time job, as well as a place at college after being out of education for a couple of years. The journey she has been on is inspiring, whilst still dealing with challenges in her day-to-day life.

Congratulations

The Aimi McCaffery Award was inaugurated this year in memory of our previous CEO. Tilly Robinson, our Leicestershire Co-ordinator, was the winner recognising her open, honest and engaging personality, and giving her support freely and selflessly to all who need it.

The Love4Life team were also recognised and thanked by the Trustees for their dedication during the year.



Moving forward

We cannot wait to share more news with you in our next newsletter in August: including our new staff and the results of our latest impact report. In the meantime, please stay connected by clicking on the icons below.

Thank you for your ongoing support

Love4Life x

